

# About this course

## **Objectives of the course**

Upon completion of this course you will learn how to

- Use Human Model technology in order to leverage your ergonomics analysis.
- Position and manipulate the manikin within a V5 Scene.
- Evaluate the comfort, the reach, clearance, and the vision of your target population.

## **Targeted audience**

Designers, Engineers, Human factors specialists, Any Health specialists, V5 Users.

# **Prerequisites**

Students attending this course must have knowledge of V5 Digital Mock-up.



**STUDENT GUIDE** 

### Student Notes:

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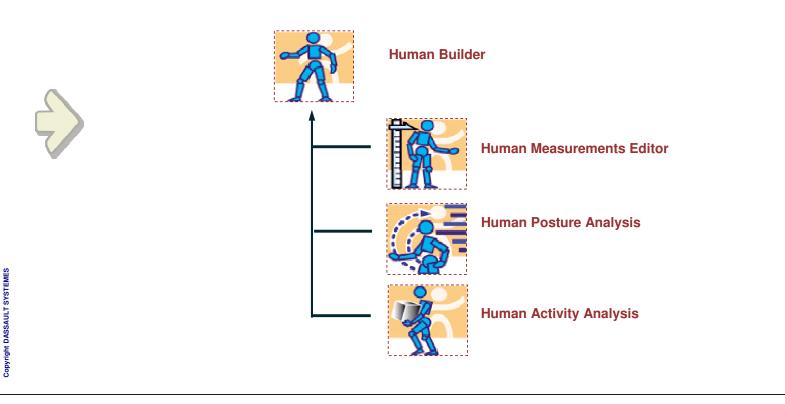
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Student Notes:

# **Product Overview**

The V5 Human product is a scalable solution that is 100% embedded inside the V5 Architecture. The solution is divided into 4 interacting components: The main product (HB) and 3 add on. With these tools, the user is able to perform sooner and in a more efficient manner the different level of ergonomics assessment.

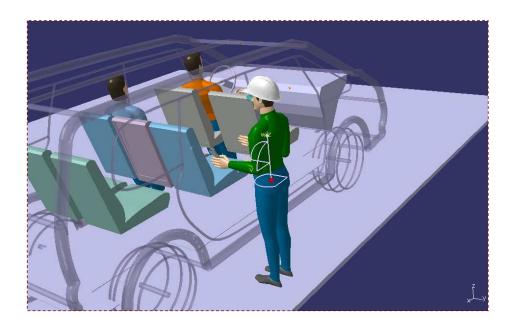
Let's explore together this solution and these products (workbenches) in more details.



Human Builder (1/2)

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### Student Notes:



- Human Builder is based on a best-in-class human modeling system which, for many years, has permitted detailed investigation into human-centered design issues in the context of a workplace before it physically exists.
- Human Builder provides very accurate simulation of humans and their interactions with products to ensure they will operate naturally in a workplace tailored to their tasks.
- The Human Builder product specifically focuses on creating and manipulating digital humans for 'first level' human-product interaction analysis.

# Human Builder (2/2)

- Human Builder consists of a number of advanced tools for creating, manipulating and analyzing how manikins (based on the 5th, 50th and 95th percentile value) can interact with a product. The manikins can then be used to assess the suitability of a product for form, fit and function. The manikins can be intuitively created and manipulated in conjunction with the digital mockup to check features such as reach and vision. A simple-to-use interface ensures that first-level human factors studies can be undertaken by non-human factors specialists.
- Tools contained within the Human Builder product include manikin generation, gender specification, percentile specification, direct Kinematics and Inverse Kinematics manipulation techniques, animation generation, Constraint, Simulation, Replay, Reach envelope, Attach-Detach, Coloring, Monocular, binocular and ambinocular vision, as well as vision output cones.

### Human Measurement Editor (1/2) Variable Edition -7/13 -Abdominal extension depth, sitting Apronsal height, sitting Bispinous breadth Buttock-innee length Buttock-popilitieal length Forearm-hand length Biomitian benefit nee height, sittin Popiliteal height Tenth rib height Thigh clearance Waist height sitting, oriphalion Weight Sort by Name O Inde Variable Acronym: <LCRSIT> 9td. Dev: 2.024m Inden: us68 Mean: 42.26in Management Automatic Walue . Construction Gerde \* Stting Close

Human Measurements Editor is based on a best-in-class human modeling system for the calculation of anthropometric correct manikins. This product allows any users (even non specialist) to generate specific manikins of specific dimensions in order to represent the target population. Two approaches can be explored: generating a specific manikin to represent one specific individual, or create a series of manikins that reflect all together a defined percentage of a population.

Human Measurement Editor (2/2)

- In addition to six default manikins, Human Measurements Editor users can create any human being from any population anywhere in the world. Users can amend all 103

The Human Measurements Editor specifically focuses on creating detailed digital

humans for advanced human factors analysis and global target audience

- human being from any population anywhere in the world. Users can amend all 103 anthropometrics variables on the manikin or manipulate a smaller number of 'critical' variables and ask the Human Measurements Editor to determine the rest. These variables can be altered manually by inputting desired measurements in percentile value, unit measurement, or by an intuitive 'click and drag' graphical user interface.
- The Human Measurements Editor also has the capacity to define the mean and standard deviation of all anthropometry variables. Using a unique multi-normal technique, the Human Measurements Editor ensures that resultant manikins do exist in the target population. In addition, it is possible to specify the percentage of the population to be accommodated in the design using the boundary manikin technique.

### STUDENT GUIDE

Human Posture Analysis (1/2)

### **STUDENT GUIDE**

### Student Notes:

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Human Posture Analysis offers the ability to evaluate (quantitatively) the posture of manikins. Human Posture Analysis focuses on how human posture can affect task performance by analyzing local and global postures, preferred angles, and comfort. It also allows the users to create manikins with limited range of motion either created by the age, an handicap or rigid equipment (ex heavy clothing).

Student Notes:

# Human Posture Analysis (2/2)

- Human Posture Analysis permits users to quantitatively and qualitatively analyze all aspects of manikin posture. Whole body and localized postures can be examined, scored, iterated, and optimized to determine operator comfort and performance throughout the complete range of task motion in accordance with published comfort databases.
- User-friendly dialog boxes provide postural information for all segments of the manikin. Color-coding techniques ensure that problem areas can be quickly identified and iterated to optimize posture. Human Posture Analysis allows users to create specific comfort and strength libraries to meet the needs of individual applications

# Human Activity Analysis (1/2)

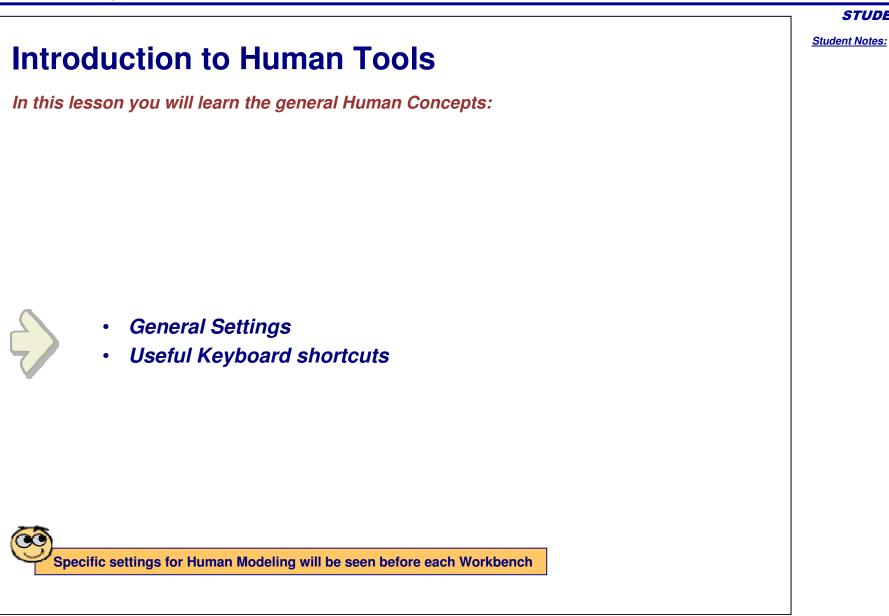


- In the demanding global marketplace, ensuring that human fit, form, and function are comprehensively addressed is becoming an increasingly important aspect of design.
- Human Activities Analysis specifically focuses on how a human will interact with objects in a working environment, as well as the effects of lifting, lowering, pushing, pulling and carrying on task performance.
- This tool allows to validate if the tasks performed by the manikins are respecting the ergonomics standards currently recognized by the market.

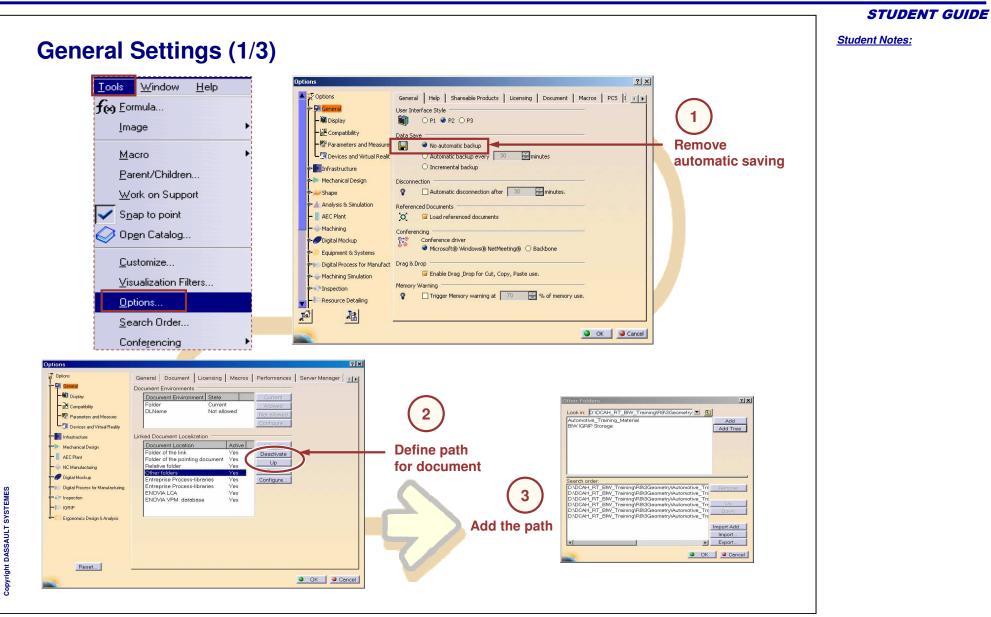
# Human Activity Analysis (2/2)

- Human Activity Analysis evaluates all elements of human performance from static posture analysis to complex task activities. Human Activity Analysis possesses a range of tools and methods that specifically analyze how a manikin will interact with objects in the virtual environment.
- The NIOSH 1981/1991 and Snook and Ciriello (Known as Snook table) equations measure the effects of lifting/lowering, pushing/pulling, and carrying to fully optimize task performance. A designer can determine a number of task variables such as action limit, recommended weight limit, and maximum lifting/lowering weight. Benefits include accurately predicting human performance, ensuring conformance to health and safety standards and maximizing human comfort and safety.
- Together, these tools provide designers with a comprehensive, quantitative and intuitive capability to design products that reflect the key skills as well as the limitations of the target audience.

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### Student Notes: **General Settings (2/3)** A. Pre select on geometry view ? × Options **Manipulation Box** A 7 Options Tree Appearance | Tree Manipulation | Navigation | Performances | Visualization | K Gravitational effect Z General Selection Animation Α Preselect in geometry view Display second(s) Preselection navigator after 2.0 - Compatibility Highlight faces and edges - Parameters and Measure В Display manipulation bounding box Devices and Virtual Realit Limit display of manipulators to 50 element(s) Infrastructure Display immersive list for preselection navigator Mechanical Design Display auxiliary viewer for preselection navigator 🥖 Shape Prehighlight faces for preselection navigator 🔥 Analysis & Simulation Navigation - AEC Plant 🧊 Gravitational effects during navigation 🛛 🔿 X 🔘 Y 🔮 Z NC Manufacturing Follow ground at altitude (in mm): n Animation during viewpoint modification Digital Mockup D Disable the rotation sphere display Equipment & Systems Digital Process for Manufact Fly/Walk Collision detection enabled Virtual NC Point/scene collision Inspection O Sphere/scene collision. Sphere radius (in mm): 1008 **M** 100 🌖 OK 📐 🥌 Cancel

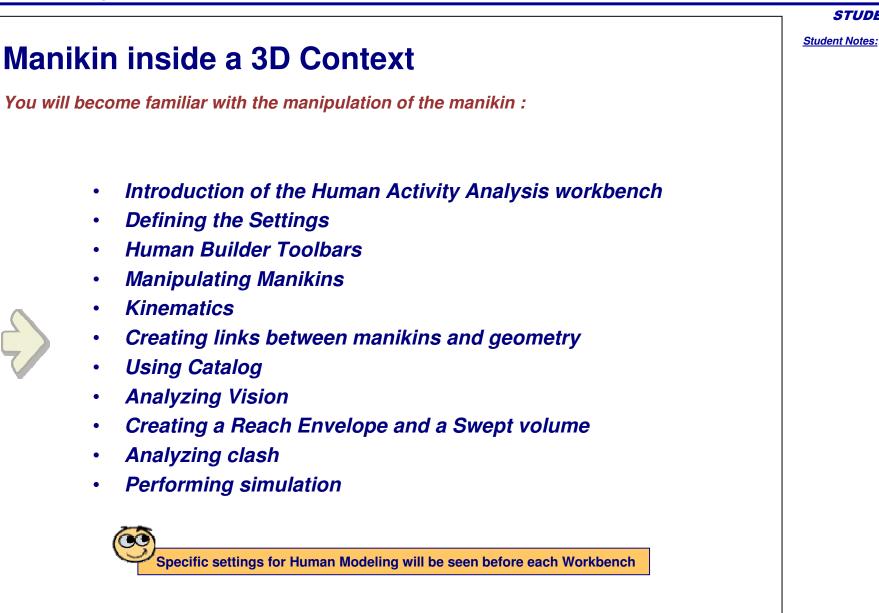
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### Student Notes: **General Settings (3/3)** ? × Options A 7 Options Tree Navigation Performances Visualization Thickness & Font Layer Filter 🐖 General Occlusion culling - 🗑 Display 📮 Occlusion culling enabled -LE Compatibility 3D Accuracy - Parameters and Measure O Proportional: Devices and Virtual Realit Fixed: 0.01 ٢ Infrastructure 2 100 Mechanical Design Curves' accuracy: Shape 2D Accuracy A. Set the level of accuracy Analysis & Simulation O Proportional: and performance AEC Plant NC Manufacturing -Fixed: 0.01 Digital Mockup Equipment 8 Level of detail Digital Process for I Static While Moving 0.0 IGRIP ALC: NO. Pixel Culling Reset... 🕒 OK 🥥 Cancel Knowledge Units Language Report Generation Parameters Tolerance Meas Genera Magnitudi Length Angle Time Mass Volume - Display Symbols Compatibilit Degree Second deg -- Devices and Virtual Real B. Setup the Units Infrastructure Mechanical Design Dimensions display - Assembly Design Display trailing zeros Exponential notation for values greater than 10e+ 6 Exponential notation for values lower than 10e- 6 🖧 Drafting MagnitudeDisplayFrame -- Composites Design Same display for read/write numbers and read Decimal places for read/write numbers 3 Decimal places for read-only numbers 3 - Functional Tolerancing & Shape Analysis & Simulatio AEC Plant NC Manufacturing **F**al OK Gancel

### STUDENT GUIDE

<b>Useful Ke</b>	yboard	<b>Shortcuts</b>
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Escape10 F1	Exit the current dialog box (when there is one) Get contextual online help	Down arrow	Relocate the graph 1/10th (one tenth) of a page to the bottom
Shift + F1 Shift + F2	Get help on toolbar icons Toggle the specification tree overview on and off	Left arrow	Relocate the graph 1/10th (one tenth) of a page to the left
F3	Toggle specification tree display on and off	Right arrow	Relocate the graph 1/10th (one tenth) of a page to the
Alt + F8	Run macros		right
Shift + F3	Activate the graph is the model is active and	Ctrl + Tab	Swap active document windows
	inversely	Alt + Enter	Run the Properties
Home	Display the top of the graph		command
End	Display the bottom of the graph	Ctrl + C Ctrl + F	Run the Copy command Run the Search command
Page Up	Relocate the graph one page up	Ctrl + G	Run the Selection Sets command
Page Down	Relocate the graph one page down	Ctrl + N Ctrl + O	Run the New command Run the Open command
Ctrl + Page Up	Zoom In the graph	Ctrl + P	Run the Print command
• •	Zoom Out the graph	Ctrl + S	Run the Save command
Up arrow	Relocate the graph 1/10th	Ctrl + V	Run the Paste command
	(one tenth) of a page to the top	Ctrl + X	



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# Student Notes: Accessing the Human Builder Workbench This workbench focuses on creating and manipulating manikins for 'first level' humanproduct interaction analysis. Based on the 5th, 50th and 95th percentile value of a manikin, you can analyze the interaction with a product. You can access the workbench from Start > Ergonomics Design & Analysis > Human Builder ENOVIA V5 File <u>S</u>tart Window Edit View Insert Tools Help Human Measurements Editor Ergonomics Design & Analysis Human Task Simulation <u>K</u>nowledgeware ENOVIA V5 VPM Human Activity Analysis ogic Control Modeling Hum<u>a</u>n Builder Human Posture Analysis Developmen<u>t</u>

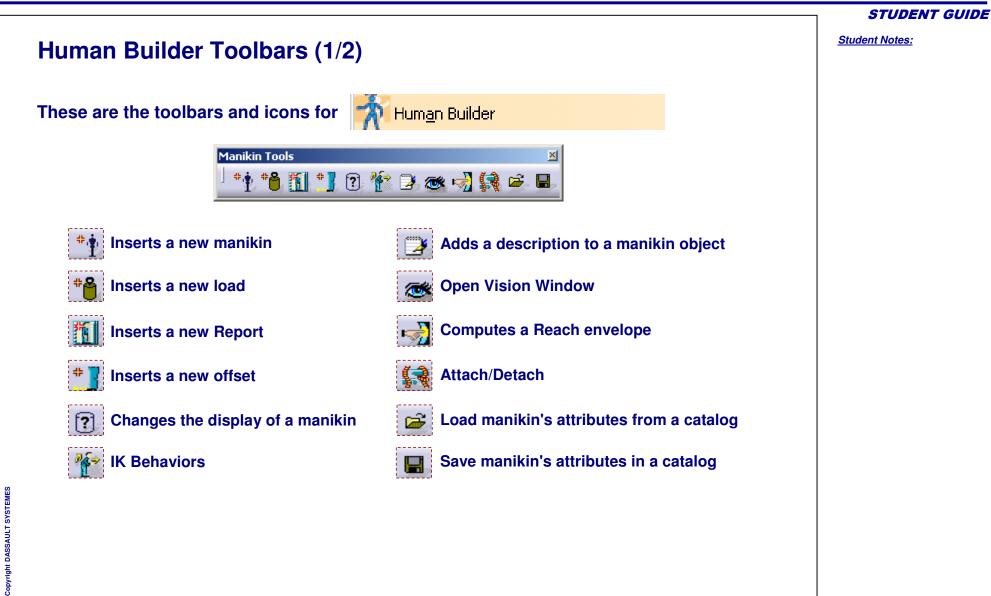
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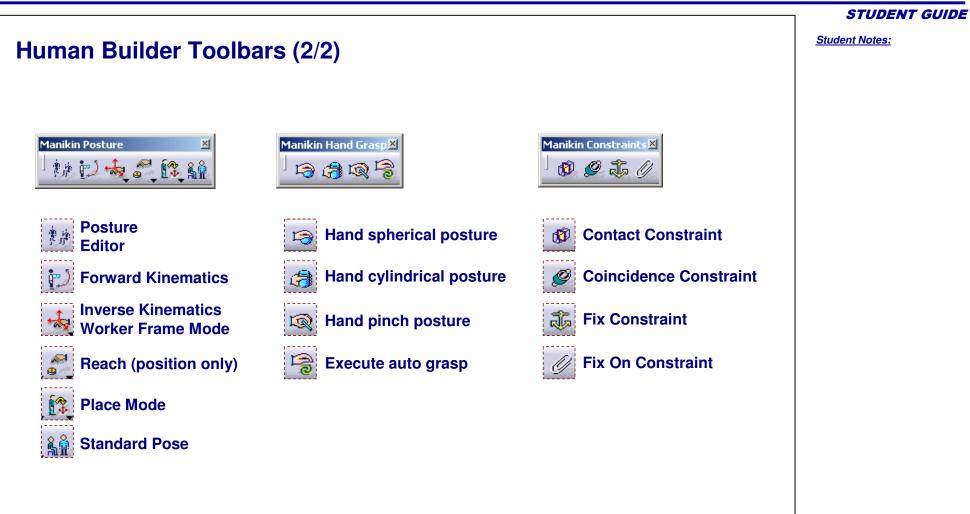
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# Human Builder - Settings

- A. Define if you want the constraint to be update automatically
- B. Activate the twin segment activation
- C. Activate the look at function
- D. Define the reference of the angle of a segment
- E. Enable the Report ID
- F. Define if you want to lock the grasping motion of the selected fingers when selected
- G. Define if you want to save manikin specific attributes on instance or also on the reference

Options
AEC Plant Machining Digital Mockup Equipment & Systems Digital Process for Manufact Machining Simulation Inspection Resource Detailing Ergonomics Design & Analys Human Measurements Ed Human Activity Analysis Human Posture Analysis Reports ENOVIA VS VPM Clogic Design Development Development Development Development





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### Student Notes:

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# **Preparation of a 3D Scenario**

- 1. By selecting File/Open in the main menu, Open the desired CATProduct in the file selection dialog box.
- CATIA V5 Start ENOVIA VS File Edit Yiew Insert Iools Window Ctrl+N New .. New from. 👼 Open Chil4O Copen Project from Manufacturing Hub

VIA V5 Ele Edit View Insert Iools <u>W</u>indow Help

Alt+Enter

Ctrl+C

Ctrl+V

New Compone

New Product

ATIA V5 - [File for Training .CATProduct]

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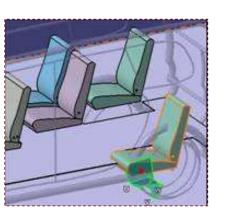
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2. To Insert an existing component select the parent product in the specification tree, right click and select insert an existing component

3. To move a part inside a CATProduct, you have to double click on the parent product to be able to move the child.





Look in: C R17

B

Coperator for catalogue.CATProduct Operator.CATProduct Part2.CATPart Plancher\_polee.CATPart Plancher\_polee.CATPart Plancher\_polee.CATPart Plancher\_polee.R9.CATPart Plancher\_polee.R9.CATPart

ear passenger.CATProduc

agpoint2-seat\_2.CATPart

Vehicle.CATProduct

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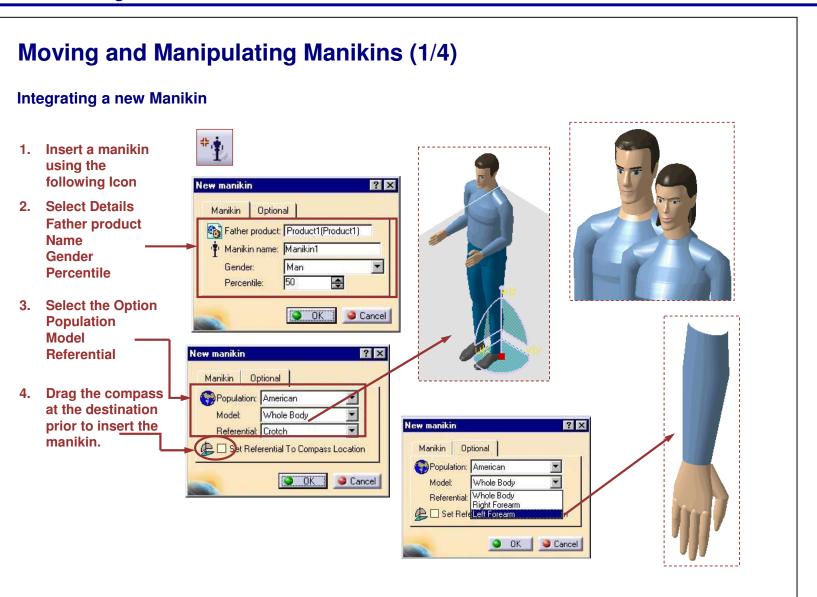
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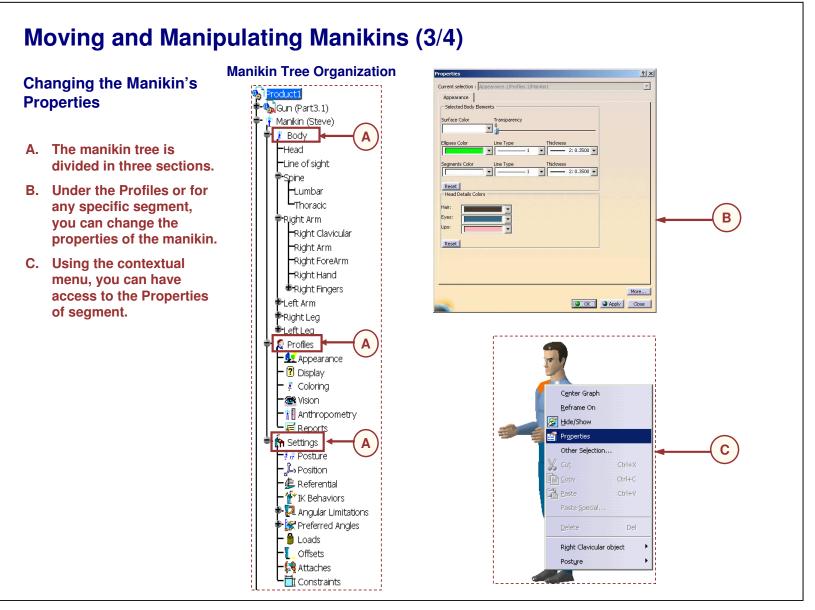
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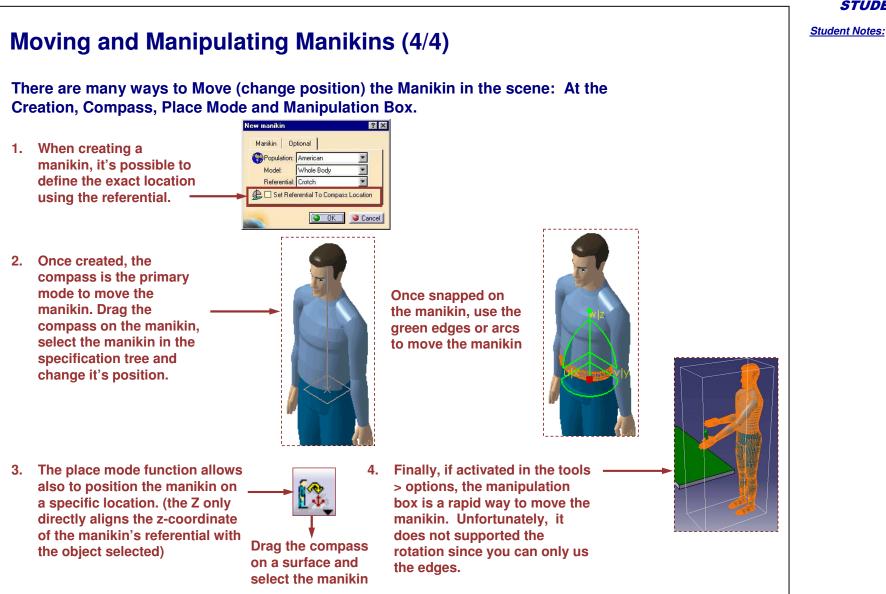
Student Notes:

### Integrating an existing Manikins Center Graph Reframe On Hide/Show Properties 1. Insert in the current V5 Scene a Dpen Sub-Tree manikin that already exist in a S Cut file. Сору Ctrl+C 📳 Paste Ctrl+V Paste Special... Del training file for human modeling object A manikin is always inside Components New Component a CATproduct file New Product Representations New CDM Component Selection Mode . New Part 👍 Existing Component... Replace Component In Session... Replace Component... 2. Select a file that contains a ? × manikin and click Open. - - - - ----Look in: 🔁 R17 Hot.st/ Hot.st/ Hot.gr.zp Hot.gr.2VR17\_Orignalty file Englshuts Human\_R17\_Cotalog Human\_R17\_CATSW Supported as used Leffered Force\_1908.over Biorogn.gr/Man\_1997.vves Operator.CATProduct Part2.CATPart Part on dashboard.CATPart Ay Rece locumen Plancher bolte.CATPart Plancher holte DO CATRa safety\_glass.stl Korean\_dvilan\_1997.998 Iarge\_construction\_helmet.stl Manikin and object to carry.CATProduct Manikin and toolbox.CATProduct crew\_driver.stl Steering.cgr Structures monop.cgr phospace dashboard.CATPart Tagpoint2-seat 2.CATPart Operator and equipment.CATProduct appoint.CATPart ator for catalogue.CATProduct ioint\_seat\_2.CATPart 4 <u>O</u>pen Cancel File pame rear passenger.CATProduct -All Files (".") • Files of type: C Open as read-only Show Preview

# Moving and Manipulating Manikins (2/4)

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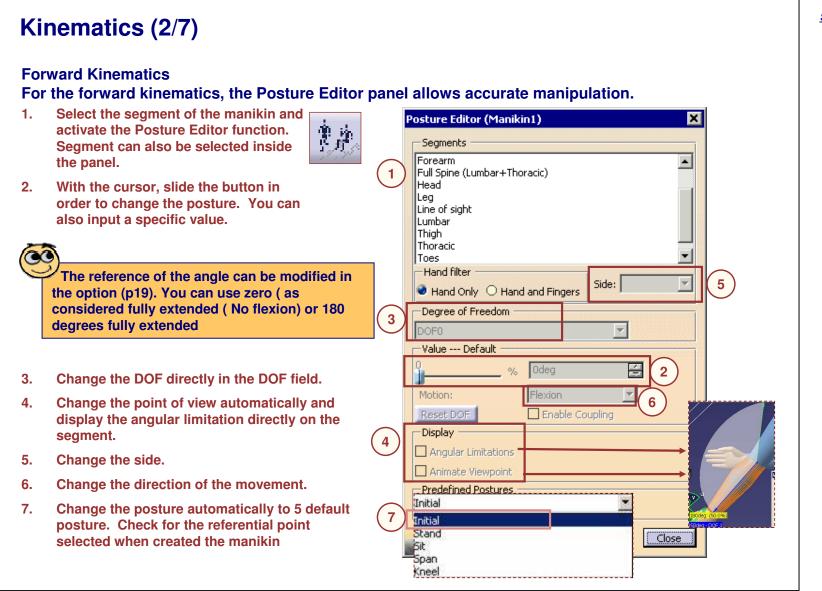




### Student Notes: Kinematics (1/7) **Forward Kinematics** There are mainly two types of manipulation for the manikin. The first is the forward kinematics where the segment is controlled directly 1. Select the segment of the manikin and activate the forward kinematics icon. 2. With the left mouse button. drag the selected segment so that the mouse cursor follows the arrow. By default, the movement exerted will be done Center Graph according to DOF1 (Degree of Reframe On Freedom 1). Properties 3. Change the DOF by clicking on Other Selection... DOF 1 (flexion/extension) the right mouse button. DOF 2 (abduction/adduction) 4. Once the desired posture has DOF 3 (medial rotation/lateral rotation) been obtained you can select R<u>e</u>set the segment and use the right click button **Reset Mirror copy** Swap copy

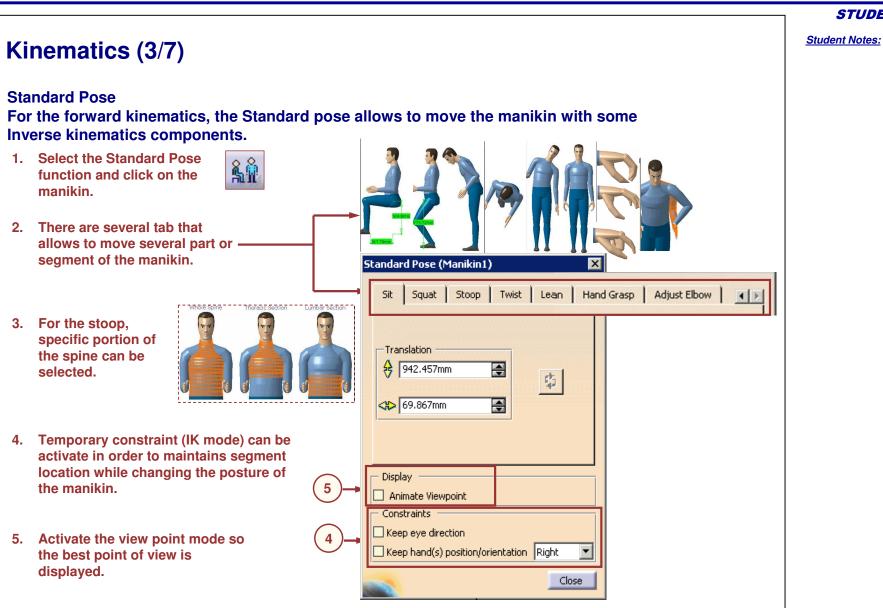
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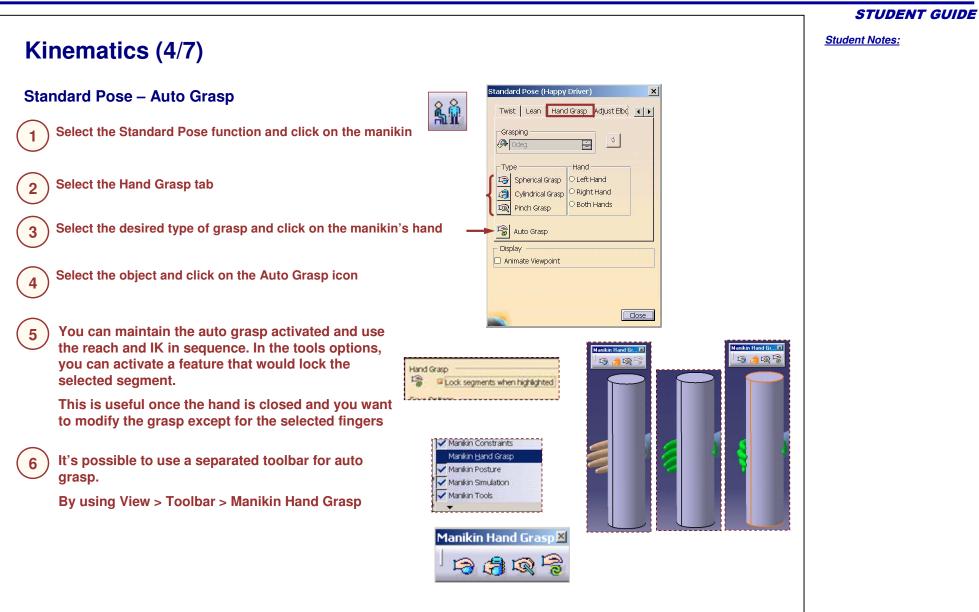


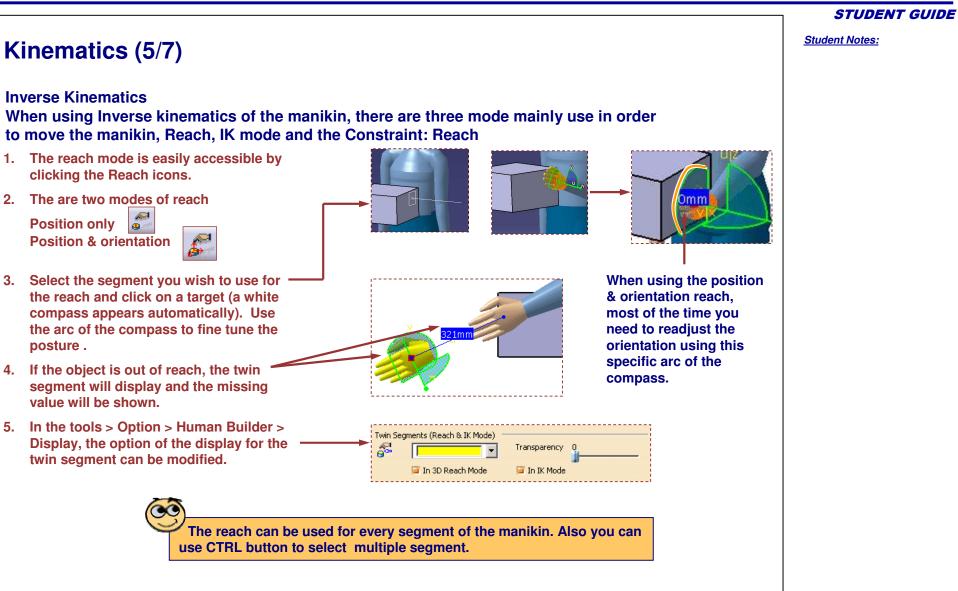
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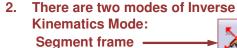
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# 1. The reach mode is easily accessible by clicking the IK Mode icon.

Human Modeling

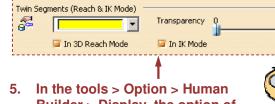


Kinematics (6/7)

**Inverse Kinematics** 



- Using the 3D mouse
- 3. Select a kinematics chain and the compass will snap the its end-effectors (See 7 control points in the note below).
- 4. Use the compass to position the hand at the desired position.



In the tools > Option > Human Builder > Display, the option of the display for the twin segment can be modified.

The IK mode can be used only by seven control points on the manikin ( 2 Hands, 2 Feet, Hip, Neck and line of sight )

For example select the arm and the hand twins (Yellow) will be highlight with the compass. A temporary constraint will be create end the hand will try to match the position and the orientation of the Twin

When using Inverse kinematics of the manikin, there are three mode mainly use in order to move the manikin, Reach, IK mode and the constraint: Inverse Kinematics IK Mode

The compass is aligned

the hip of the manikin

The compass is aligned with

with the segment

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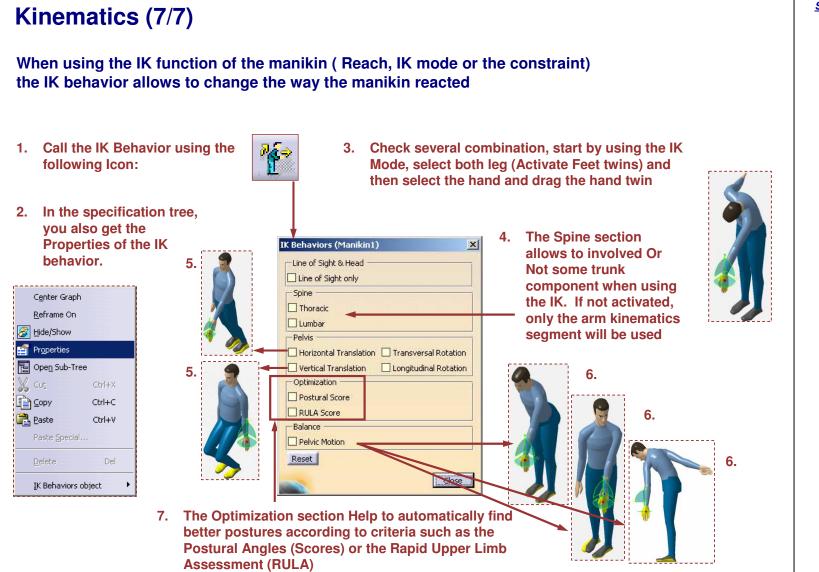
### STUDENT GUIDE

Student Notes:

When using the position & orientation reach, most of the time you need to readjust the orientation using this specific arc of the compass.

### STUDENT GUIDE

### Student Notes:



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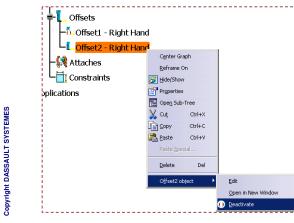
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#### Creating Links between Manikins and Geometry (1/4) Once integrated in the file, any object can be attached to any manikin's segment. Select in sequence; the Attach icon, the object and then the segment. If the object is already attached to a segment, a warning Attach/Detach X message will ask if the user want Object 'Box.1.1' is already attached to segment 'Left Hand' of manikin 'Manikin1'. to attach to other object or simply detach it. Attach To Other Detach Object N 0 Cancel Center Graph At any time, the status of objects ? × Reframe On Current selection : Attaches.1/Settings.1/Manikin1 attached to the manikin can be Bide/Show Attaches verified by clicking on the Segments Objects Properties properties of the attaches Node Product1\adjustable\_wrench (adjustab Left Hand in the specification tree. Open Sub-Tree Сору Ctrl+C 💦 Paste Ctrl+V Detach If the segment is moved and the Paste Special ... object is attached to this segment, Del the object will follow. However, if More... the object is moved, the segment Attaches.1 object OK Apply Close does not follow. Constraints

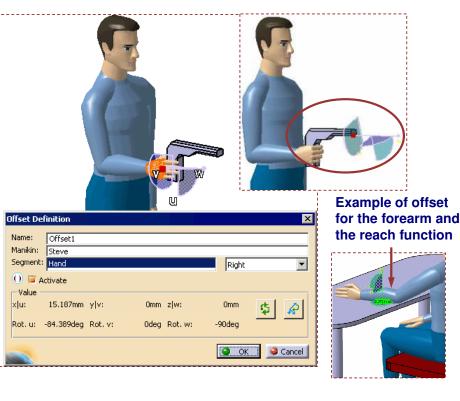
# Creating Links between Manikins and Geometry (2/4)

The Offset command is used to redefine the behavior of the Reach Mode. Reach Mode default behavior is used to make the end point of the selected segment reach the compass location. The offset command, therefore, allows you to transfer that 'end point' to a different point in 3D space.

- 1. Select the icon, and click on the hand that has an attached object :
- 2. In the panel, input the coordinates of the offset OR position directly the compass at the desired offset using the red box of the compass (Example move the compass to tip of the tool) and then click OK
- 3. You can create several offset of the manikin on the same tool or on different tool he will use. Only one at the time can be used (activated)

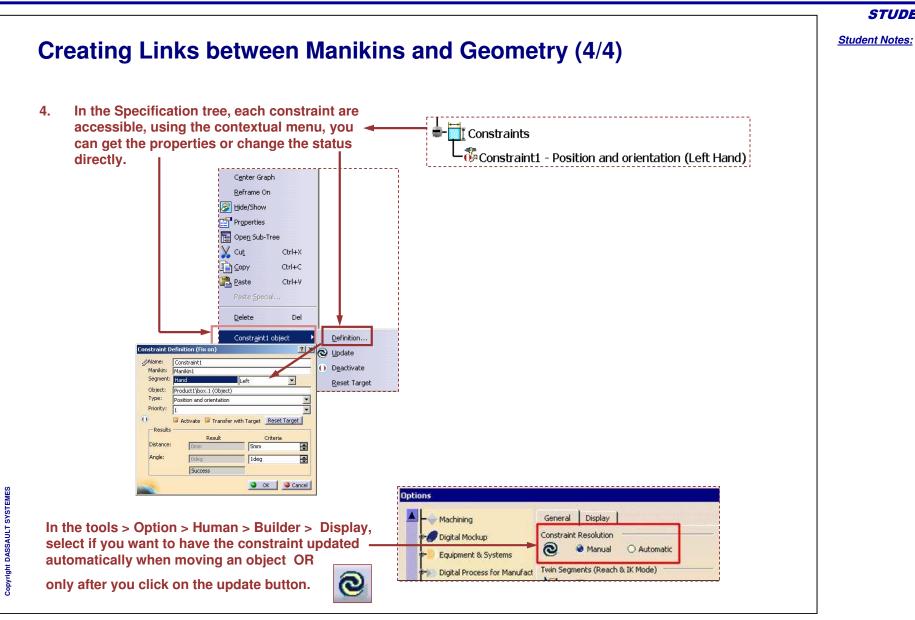






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                                                                                                                                  Student Notes:
Creating Links between Manikins and Geometry (3/4)
When using Inverse kinematics of the manikin, the two first mode presented
previously are temporary. If you deactivate the function, the constraint are
removed. It's possible to make these constraint more persistent: Constraint
1. There are four different type of constraint:
                                 Allow to have the selected segment that coincide with a line or a plan.
    Coincidence
                        t 🗊
                                  Allow to have the selected segment in contact with a line, a plan or a
    Contact
                                   point.
    Fix
                        Ja
                                  Allow to have the selected segment at a Specific location in the space.
    Fix on
                                   Allow to have the selected segment at a specific location in relation with a
                                   selected object.
2. In order to create a constraint, simply select the type of
                                                                           Constraints
    constraint, select the segment and select the object or
    the components of the object (Point, line or plane).
                                                                           Constraint1 - Position and orientation (Left Hand)
3. In the tools / Options, the display of the constraint can
                                                                                     General Display
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                                                                        AEC Plant
                                                                                    Constraints
    be modify according to its status.
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                                                                                        Show normal vertex
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to be saved.

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Student Notes:

3

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2

Posture & R...tial

Save Close

2

#### Using Catalog (1/2) Manikin tree organization **Manikin Tree Organization** From the Specification tree, select the attributes Gun (Part3.1) Manikin Tools Manikin (Steve) \*† \*\* 🚺 \*] ? 🏌 🤉 🛪 🚽 😭 🖛 Body Select the save manikin's -Head attributes in catalog. Line of sight Spine Select the desired catalog Lumbar or creates a new one with Thoracic Right Arm the Browser icon. an Catalog (C:\[ -Right Clavicular Posture & Referentia -Right Arm 💌 🗈 🔳 Large Icons Current: HumanData Enter a title for the -Right ForeArm HumanDataChapter manikin attributes that are -Right Hand HumanData Right Fingers about to be saved. Click Left Arm on Save. The catalog Right Leg Display Posture browser is updated, Left Leg. 🕨 🧟 Profiles displaying the new - 👥 Appearance posture/set of attributes – 김 Display that have been saved. – 🕴 Coloring - 😹 Vision - 👔 Anthropometry 2. The attributes saved 🧮 Reports inside the catalog can 🛉 Settings also be apply on the 🖟 Posture Position manikin with the icon You need to be specific on what 🖷 Referential load manikin's attributes 🐕 IK Behaviors attributes has to be saved and for 🗖 Angular Limitations which segment. If the manikin node Kernel Angles - 🔒 Loads is selected, the attribute for every • Offsets segment will be stored. The reverse 👯 Attaches

Constraints Applications

process is identical.

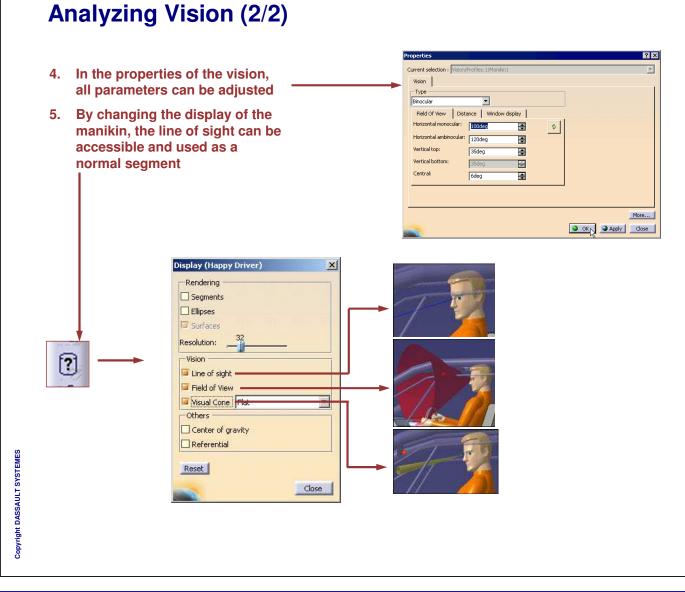
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from a catalog.

	<b>STUDENT GUIDE</b>
Using Catalog (2/2)	<u>Student Notes:</u>
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#### STUDENT GUIDE Student Notes: **Analyzing Vision (1/2)** oduct1 1. The vision is available either by Manikin (Manikin1) - / Body double clicking on the vision node in Profiles.1 the specification tree - Appearance, 1 1 or selecting the Vision Icon. - (?) Display.1 - / Coloring.1 2. Once the vision window is open, you - Wision can edit using the contextual menu by - I Anthropometry right clicking on the window. Reports.1 - Settings.1 3. In the option, all color of the vision -Applications display can be modified nocular vision (Mahilunt) Capture... AEC Plant General Display Constraints Updated and Resolved Edit Π 🕫 🏉 Digital Mockup Updated and Not Res Close Equipment & Systems Not Updated Digital Process for Manufact Inactive Machining Simulation Temporary Normal vectors Ergonomics Design & Analys Peripheral Cones & Contours \* • Human Measurements Fr Central Cones & Contours an Task Simulation Blind Spot ıman Activity Analysis Twin Segments (Reach & IK Mode) 8 Transparency Vision window display (Manikin1) X Scale: 1 🛃 🗌 Hide title Central spot \$ View modes... 🔰 🐷 Peripheral contour 🔲 Blind spot Close

#### **STUDENT GUIDE**

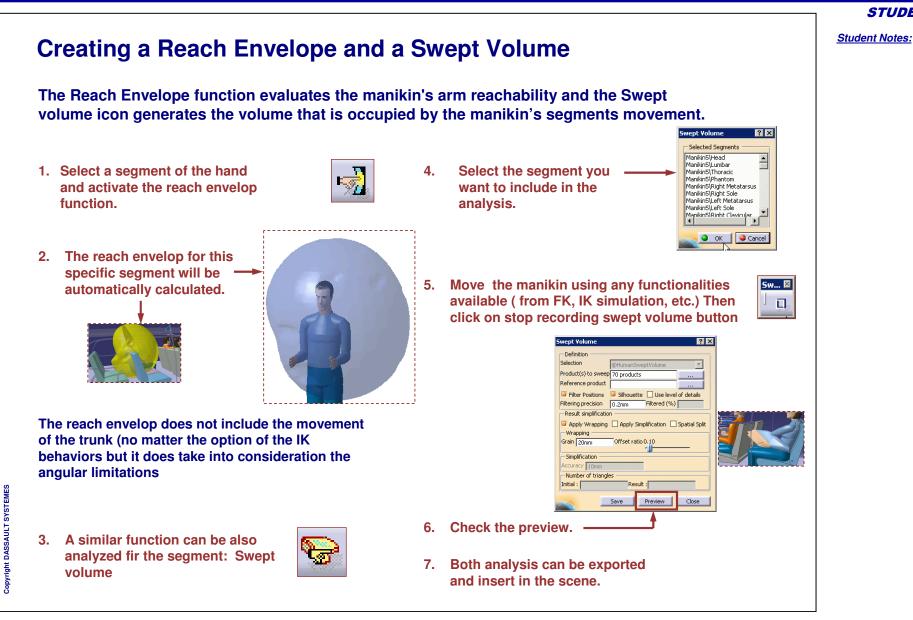


**Report Definition** 

#### STUDENT GUIDE

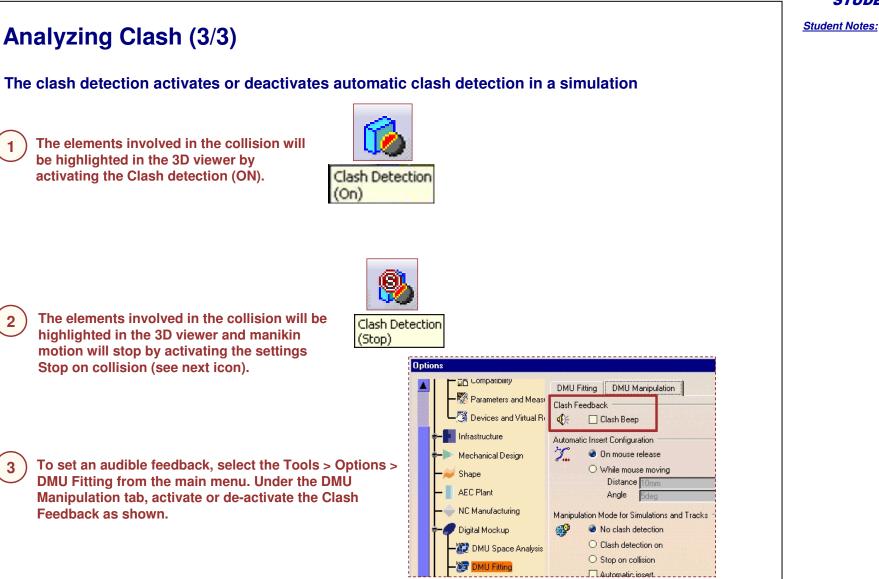
Student Notes:

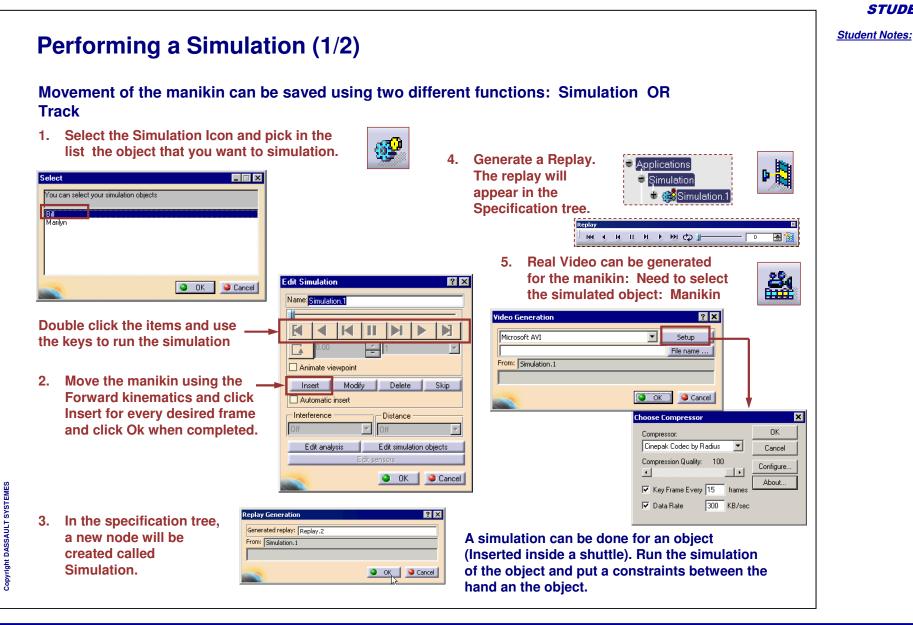
#### Ergonomics analysis, constraints result and vision can be efficiently shared using the Report function Report Definition Name: Report1 1. Click on the report Icon and select the manikin. A Manikin: Manikin1 new report will be added in the specification tree: - Type of Analysis: Available Selected Using the contextual menu or by double clicking on the Push-Pull RULA 2. b report, select the analysis that needed to be reported. RULA - Detailed Biomechanic - Summary Biomechanic - Spine Limit Biomechanic - Joint Moment 44 Biomechanic - Reaction Forces and 3. The report can also be updated using the Biomechanic - Segment Angle ତ Postural Score - All DOF Result updated button. Output File: D:\Report.txt File... 4. In the specification tree, the contextual menu allows also to deactivate the report OK Gancel 👔 Manikin (Manikin1) - 👂 Body & Profiles.1 Select the path for the output and Appearance.1 5. **-** Display. 1 the format (suggested HTML) - 🕴 Coloring.1 😻 Vision - 👔 🛙 Anthropometry E Reports Center Graph Report 6. In tools > Option > Human > Builder > General, Reframe On Settings.1 Applications 🔗 Hide/Show the naming function can be activated so a name Properties can be added every time a report is refreshed Dpen Sub-Tree Y Cu<u>t</u> Ctrl+X Сору Ctrl+C Reports Ctrl+V 💦 Paste -Enable custom report ID Default Location: C:\Documents and Settings\hal\My Documents Browse... Dpdate ⊻iev ) Deactivate



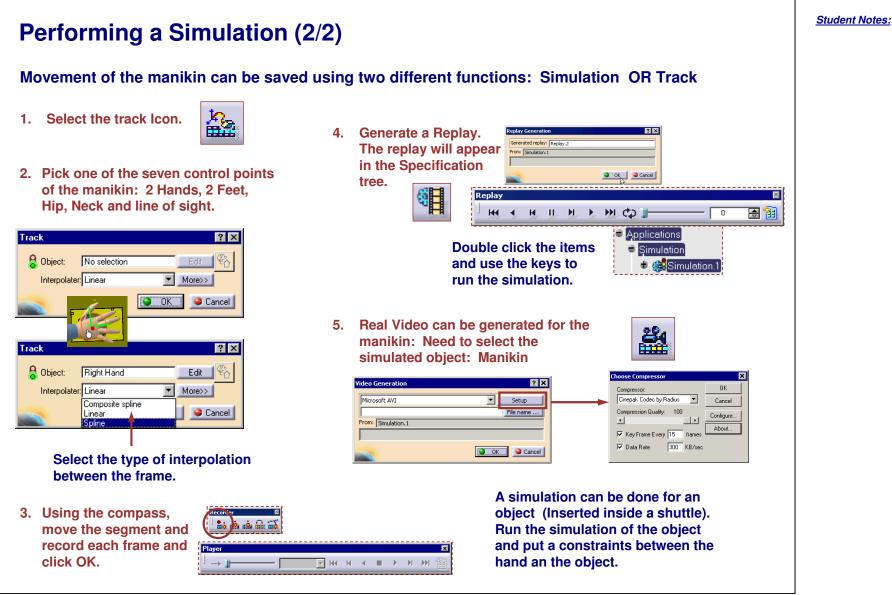
					STUDENT GUIDE
	Analyzing	J Clash (1/3)			<u>Student Notes:</u>
	determines the Select the iter collisions.	ysis analyzes interactions betwee e existing clash. m you want to monitor for ( ash dialog box (	2 Select the 4 Depending	2	
	Theck Clash Definition Name: Interference.5 Type: Contact + Clash Contact + Clash Clearance + Contact + Clash Alterized penetration Clash rule	Image: Control of the selection       Image: Control of the selection	Che Na	ck Clash  Charlenge Contact + Clash  Comm Selection: 1 No selection  Enterforence.5  Contact + Clash  Comm Selection: 2 No selection  Finded conserved to the selection  Selection against all  Between all components  Comm Components  Comm Selection  Comm	
	Contact + Clash	Checks whether two items occupy the same space and whether they are in contact.	Inside One Selection	Checks for collisions per specifications set in the Type pull-down menu. This is the default setting.	
	Clearance + Contact + Clash	In addition to checking whether the two products or resources occupy the same space zone, and whether	Between All Components	Checks for collisions per specifications set in the Type pull-down menu for a selected product or resource.	
Ś		they are in contact, this option checks whether they occupy a clearance zone around each other.	Selection Against All	Checks for collisions per specifications set in the Type pull-down menu that are caused by a selected product or resource.	
Copyright DASSAULT SYSTEMES	Authorized Penetration	Checks whether an item penetrates another object beyond a user-specified amount.	Between Two Selections	Checks for collisions per specifications set in the Type pull-down menu occurring between two selected products or	
Copyright L	Clash Rule	Allows you to use Knowledgeware capabilities for clash.		resources.	

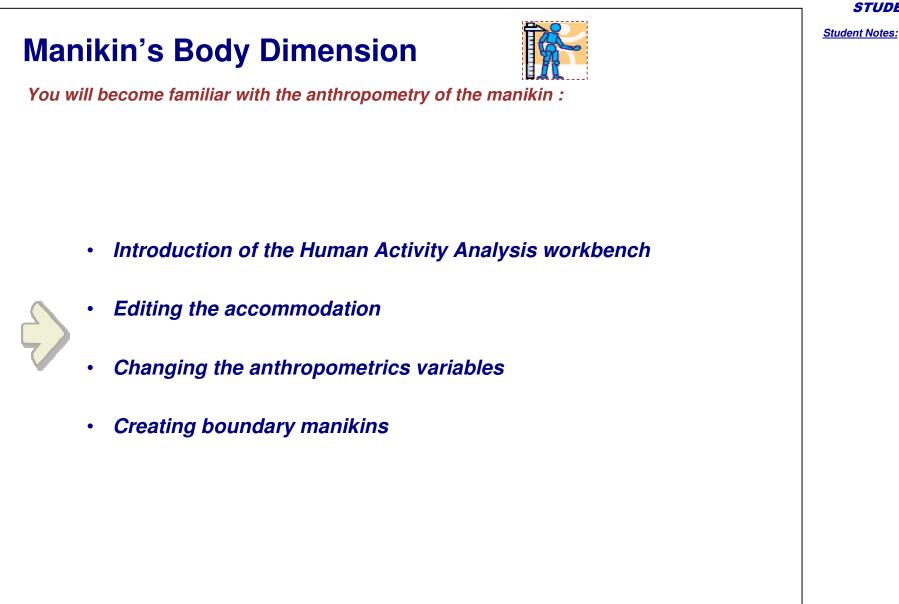
	STUDENT GUIDE
Analyzing Clash (2/3)	<u>Student Notes:</u>
5 If an object is already attached to the manikin, this object will be considered as a sub element of the manikin. Therefore, it's possible to detect the collision between the tool handle by the manikin and another object.	
6 Clash analysis data is stored in the Product tree within the Application node	
<ul> <li>You can review clash results, by clicking the Results Window button.</li> <li>8 If there are clashes, they will be listed in the Check Clash dialog box.</li> </ul>	





#### STUDENT GUIDE





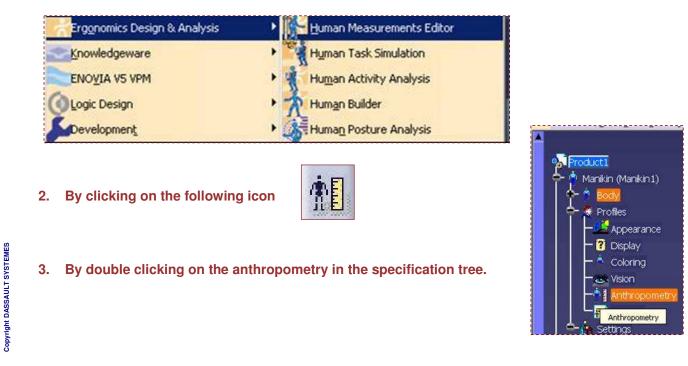
#### STUDENT GUIDE

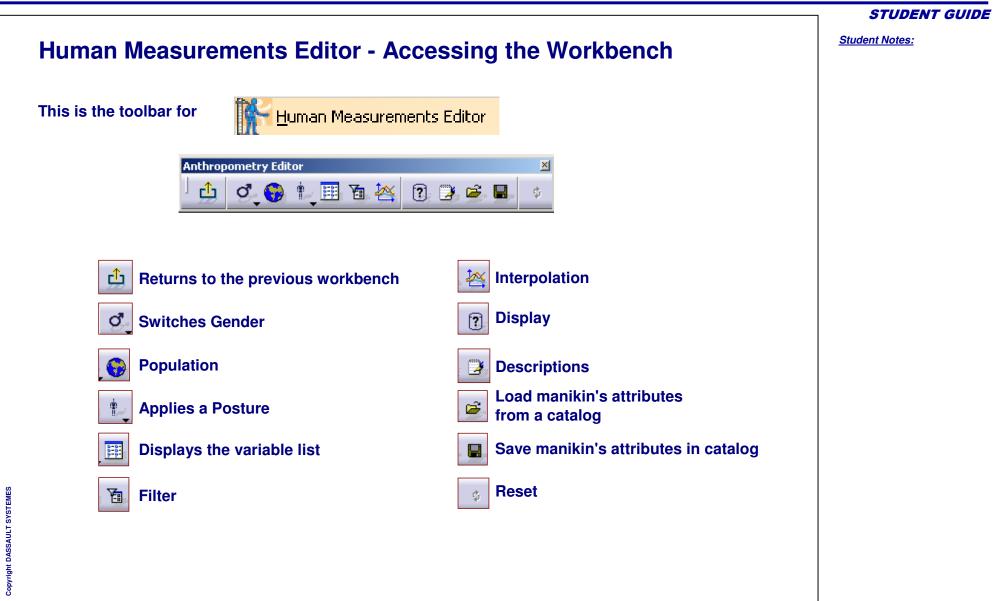
# Accessing the Human Measurement Editor Workbench

In this workbench, there are six default population of manikins, but you can manually create specific manikins according to your data. The 103 anthropometrics variables on the manikin can be modified or a smaller number of 'critical' variables can be manipulated. In that case, the Editor will determine the rest of the value according to the predefined correlation.

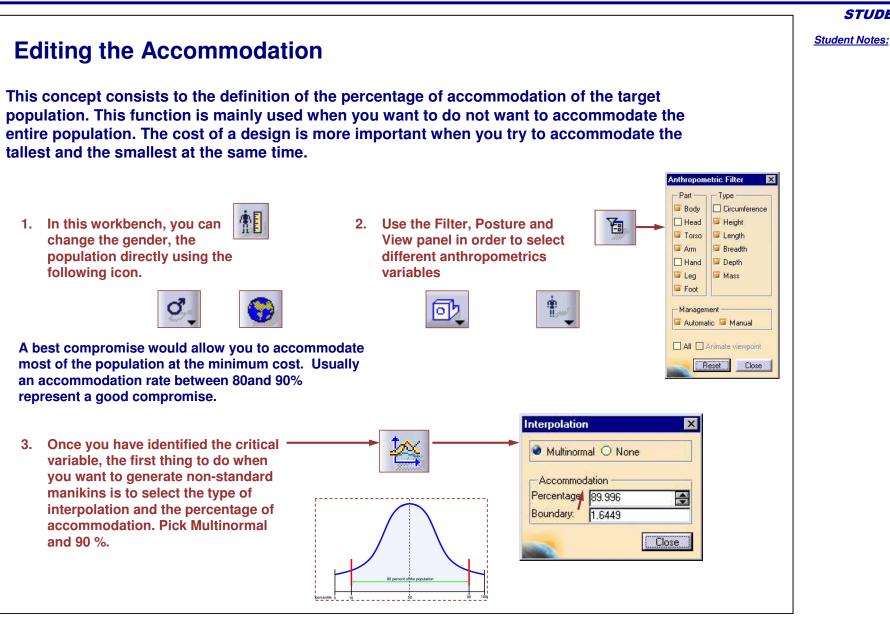
Accessing the workbench

1. From the main top menu.





STUDENT GUIDE



#### Student Notes: **Changing the Anthropometric Variables** This concept consists change the value of different anthropometrics variables within the limits of the target population. This function is mainly used you do not want to work with standard manikins. A 50th manikin might have different arm length and this later might be crucial for your work station. Variable Edition X 1. In the following or select the edit variable - 5/5 -Eye height, sitting widow, you can select icon. Foot breadth, horizontal and double-click on Hip breadth, sitting Shoulder-elbow length any critical variables. Sitting height -Sort by Name O Index -Variable Index: us94 Acronym: <SITTHGHT> After changing the type of Mean: 852mm Std. Dev: 34.9mm management to manual you - Management + Automatic can input the value you want -Value ER (perc.) 841,648mm Of course, the software will 28.34 Construction change all the others values to - Gender Woman Sitting the most probable. It will also indicates the limits of the □■■■公司法内内は「私会:■福美斯」以及中海头头上目倒真正 Close variable. This is the posture used to input the data, it better to reflect the posture used in the scene

STUDENT GUIDE

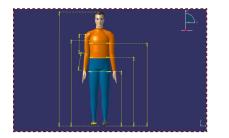
#### **STUDENT GUIDE**

Student Notes:

# **Creating Boundary Manikins (1/2)**

This concept consists to generate extreme manikins for a specific number of variables and for a specific percentage of the target population. This function is mainly used when the standard manikin (5,50 and 95th) are not enough for your analysis.

1. Identify the critical \_\_\_\_\_ variable for your workstation.



2. The generation of boundary manikin considers the mean, the standard deviation and correlation between each variable. This information is available in the SWS file within the online documentation.

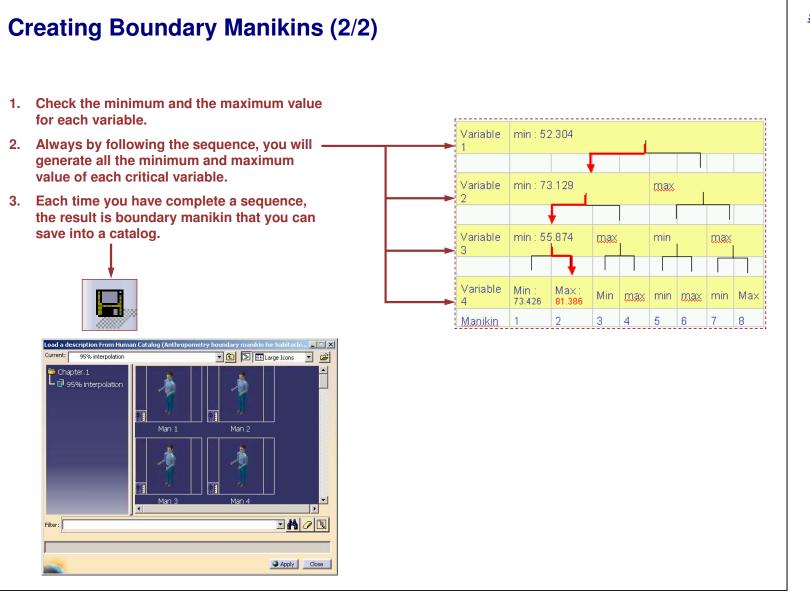
Abdominal extension depth, sitting Acromial height, sitting	
Buttock-knee length	
Buttock-popliteal length Forearm-hand length	
Knee height, sitting	
Popliteal height Thigh clearance	
Vaist height sitting, omphalion	
Sort by	
Name O Index	
Name O Index	
-Variable Index: us27 Acronym: <buttklth></buttklth>	
Variable Index: us27 Acronym: <8UTTKLTH> Mean: 588.9mm Std. Dev: 29.6mm	
-Variable Index: us27 Acronym: <buttklth></buttklth>	
Variable Index: us27 Acronym: <8UTTKLTH> Mean: 588.9mm Std. Dev: 29.6mm	
Variable Index: us27 Acronym: <buttklth> Mean: 588.9mm Std. Dev: 29.6mm Management</buttklth>	
Variable Index:ux27 Acronym: <buttklth> Mean: 588.9mm Std. Dev: 29.6mm Management Automatic </buttklth>	
Variable 7 Index: us27 Management Automatic Value 24.73 (perc) Stat Dev. 23.6mm Stat Dev. 23.6mm Stat Dev. 23.6mm Stat Dev. 23.6mm	
Variable Index:ux27 Acronym: <buttklth> Mean: 588.9mm Std. Dev: 29.6mm Management Automatic </buttklth>	
Variable 7 Index: us27 Management Automatic Value 24.73 (perc) Stat Dev. 23.6mm Stat Dev. 23.6mm Stat Dev. 23.6mm Stat Dev. 23.6mm	
Variable Index: us27 Management Automatic Value 24.73 Gender Construction	

Variable Edition

3. Organize the variable in order to define the less correlated variable using a matrix.

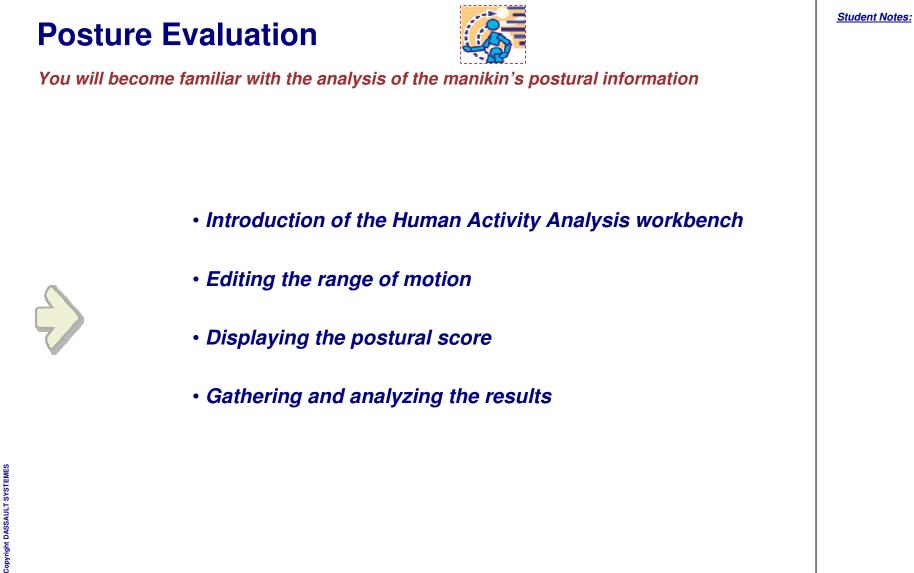
	Buttock knee- length	Eye height-sitting	Knee height- sitting	Thumb tip reach
Buttock knee- length	1.0	0.343	0.844	0.786
Eye height-sitting	0.343	1.0	0.415	0.358
Knee height- sitting	0.844	0.415	1.0	0.838
Thumb tip reach	0.786	0.358	0.838	1.0
Mean	0.658	0.372	0.699	0.661
Order	Variable 2	Variable 1	Variable 4	Variable 3

MEAN_STDEV M		
us100	177.0	6.0
MEAN_STDEV F		
US100	164.0	6.0
CORR M		
us2	us125	0.77
us2	us127	0.47
us63	us77	0.28
us 63	us81	0.30
us 63	us82	0.28
CORR F		
us2	us125	0.74
us2	us127	0.38
us 63	us77	0.23
us 63	us81	0.32
us 63	us82	0.31
END		



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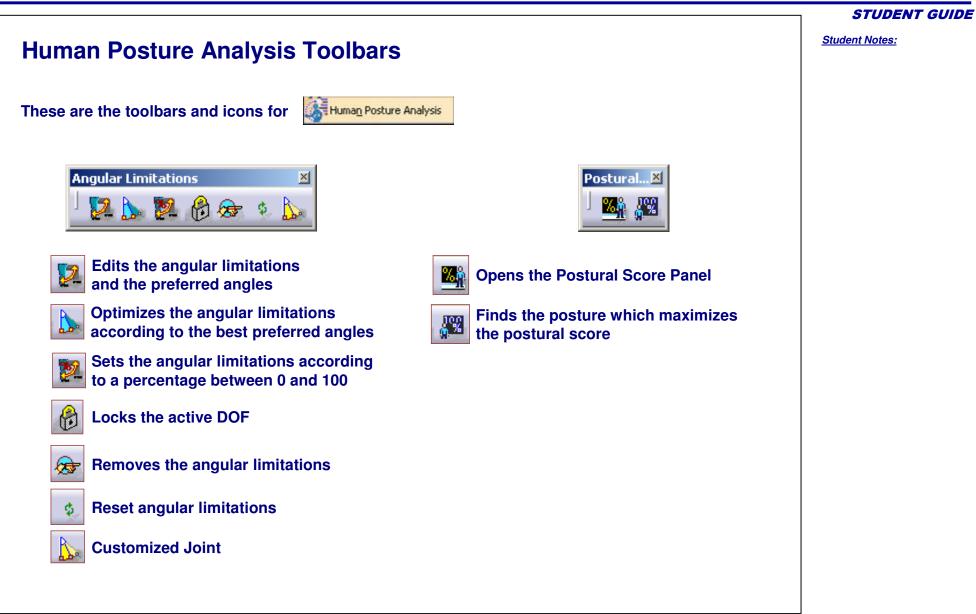
## STUDENT GUIDE



#### STUDENT GUIDE

Student Notes:

# Accessing the Human Posture Analysis Workbench This workbench allows you to analyze local and global postures, preferred angles and comfort. The color code and score provides postural information for all segments of the manikin and also permits to optimize the posture. According to scientific documentations, a catalog of preferred angles or angular limitations can be created for special population or predefined scenario. Accessing the workbench Ergonomics Design & Analysis Human Measurements Editor Knowledgeware Human Task Simulation ENOVIA V5 VPM Human Activity Analysis From the Main Top Menu 1. Human Builder Logic Design Human Posture Analysis Development OR Double clicking directly on a manikin's segment 2.



# Editing the Range of Motion (1/4)

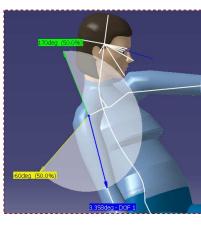
### **Angular limitations and Preferred angles**

Those functions allows you to define inside a specific range of motion the best zone to conduct a designed task. The criteria of the zone can be: Comfort, force, etc. This function is mainly used when you want to evaluate the posture of various manikins inside a workstation. To realize a unique task, the posture of the manikins might be different according to their dimensions. In this case, their comfort will be different as well as their energy, etc.

This function is mainly used when you want to evaluate the posture of various manikins inside a workstation. To realize a unique task, the posture of the manikins might be different according to their dimensions. In this case, their comfort will be different as well.

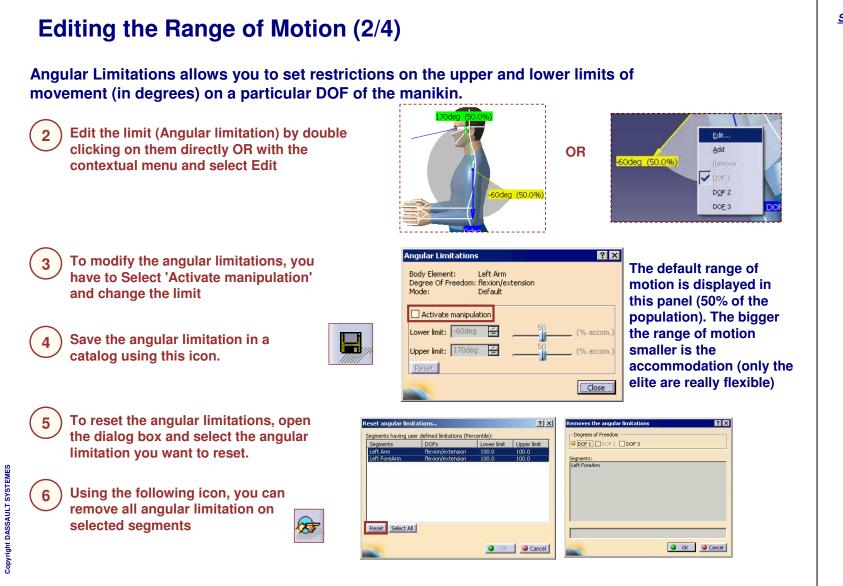
Using the following lcon, the range of motion (Angular limitations) and the criteria zone (Preferred angles) can be modified according to your specific scenario or manikin's characteristics





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Human Modeling



## Student Notes:

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64

## Human Modeling

# Editing the Range of Motion (3/4)

Preferred Angles allows you to create or edit preferred angles within the whole manikin range of motion. For example, it can refer to areas where the manikin would be comfortable, stronger or be in a safe posture.

Edit..

Add

DOF 1

Offsets

You can add or remove preferred angles for each DOF of the articulation

- In the Preferred Angles dialog box, the characteristics of each preferred angles must be detailed according to the scenario
- 9 You can save those preferred angles in a catalog by selecting the Preferred angles node in the specification tree.

10) You can also limit or optimized the range of motion according to the preferred angles.

Or simply lock completely the mobility of a joint.

By selecting the segment and (ctrl key) on the preferred angles node in the Specification tree, you can do a Mirror Copy of those preferred angles.



eferred angles

Name: Pref. angle 2

Right Arm

Default

Degree Of Freedom: flexion/extension

Body Element:

? X

2



# Editing the Range of Motion (4/4)

The Customize joint function groups segments on the upper body (including the spine and the head). This creates a new segment for the Postural Score analysis. This will give more flexibility for analyzing the posture of the trunk. It allows you to create virtual segments of the pelvis, trunk, neck and head on which you will be able to edit preferred angles with a score.

Using the customized joint function, you can create virtual joint with a set of upper body segments (including the spine and the head). These virtual Segments can be created for any Degree of Freedom (DOF). Then, you will be allowed to specify standard Preferred Angles with a score.

## Options:

11

referred angles

Name: CustomizedPref 1

Minimum limit: -11.835de

Mode:

Color:

Body Element: Lumbar5/Thoracic11 Degree Of Freedom: CustomJoint

Default

Select Whole Spine to score all vertebrae as a single element. Select Each Vertebras to score each vertebra individually. Select Whole Hand to regroup each finger into a global element. Select Each Fingers to score each finger individually.

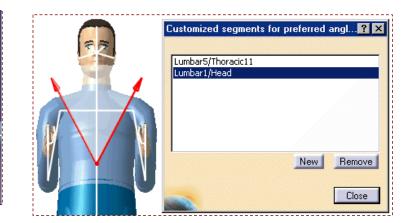
? ×

2

Close

Student Notes:





# **Displaying the Postural Score (1/3)**

The Postural Score Analysis feature is used to evaluate the manikin's posture. Once the preferred angles have been specified or loaded from a library, you can evaluate the posture using the postural score function.

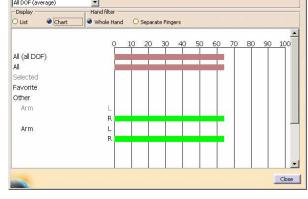
By opening the postural score panel, the Postural Score Analysis dialog box is displayed with the Display List as the default

The following information is displayed according to the selected Display type:

- Global Score this item is the total posture score for all ۴. segments combined.
- Current Score this item is the average score of all Ê. items in the current list.
- Selected Score this item is the posture score for all ÷ selected items on the multi-list.
- Favorites this item is customizable and displays all ۵. preferred angles, even if they have never been edited.

If you choose the List display, scores will be displayed as percentages in list form. If you choose the Chart display, scores will be displayed in chart form.

-Display —					
a second second	500-1	Hand f	1951		
🕘 List	⊖ Chart	🛛 🔍 Whol	e Hand	O Se	parate Fingers
Segments		Side	Result	(%)	
All (all DOF)	)	±2160	64.2	08 W.	- 4
All			64.2		
Selected					
Favorite					
Other					
Arm		L			
		R	64.2		
Arm		L			
		R	64.2		



STUDENT GUIDE

# **Displaying the Postural Score (2/3)**

Use the Segment coloring to display color on the manikin's segment according to the score of the preferred angle

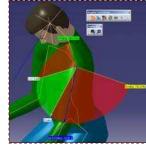
Under the manikin's properties it's possible to change the coloring options

- Active: check if you want to activate the coloring.
- All: activates the coloring.
- All but Maximum Scores: activates the coloring on all segments except those with scores at their maximum.

This feature can be used, for instance, to display colors only if the manikin goes out of its zone according to the score.

- Element to color: These check boxes are used to select the parts that will change color.
- Degree of Freedom: This combo is used to choose the degree of freedom to activate.

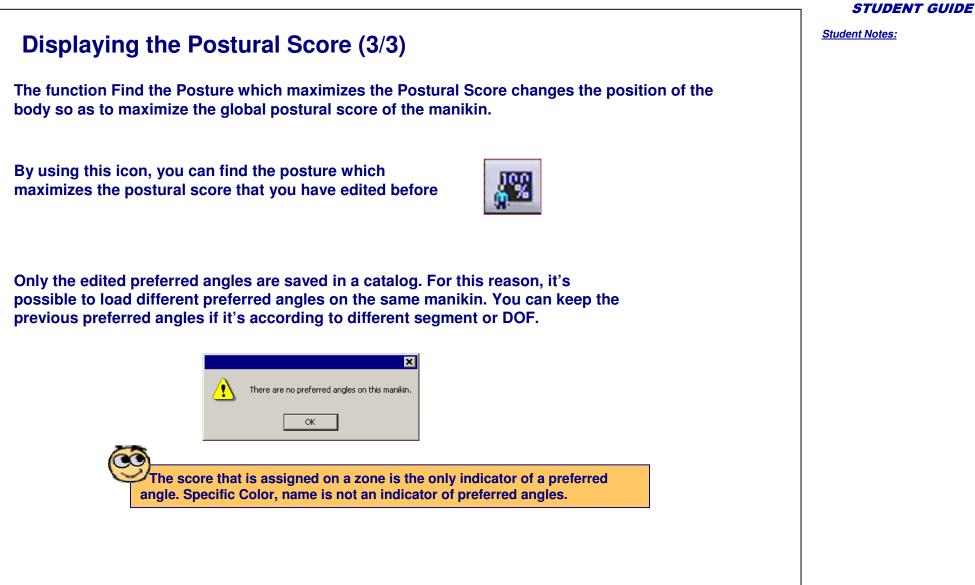
By activating the coloring, you can get highlights for the worst case.





# STUDENT GUIDE

# Student Notes:



#### STUDENT GUIDE

#### **Gathering and Analyzing the Results** This concept consist in gathering all different types of results into a single document. Analyzing the posture using a unique database might minimize the accuracy of your analysis. This approach allows to gather different results in order to obtain a more objective analysis. Here different manikin Here different analysis (standard, boundary) database A B C D G Π. \_\_\_\_\_ M ĸ Target posture (Comfort) Design phas Name Cleareance Manikin number Vehicle: ggg Population Comments: Weichenrei Human Wiesner & Weichenrei Steering Air bag Seat Thigh VS hpoint der adapted scale Rebiffe der position. wheel. pan\_popleat Seat pan angle by al customers SAFEWORK files: /raid1/home/enovia1/data/ General Working.sw 1 95th male 94.4 85.7 33.3 240 42.5 569.57 108 Not available 105.49 85.7 50 th male 56.6 82.9 75 78.9 195.6 502 65.34 94.9 Not available not required SAE 2 5th female 58.3 82.9 50 71.4 51.6 Not required 360.8 33.5 Not available not required 2D template P 2D template H 82.9 67.9 OK. min,min,min 50 50 (libname##) 4 Min,min, max 64.3 80 33.3 64.3 OK. 85.7 66.7 75 85.7 Min,max,min 80.6 85.7 75 85.7 Min, max, ma 63.9 85.7 50 78.6 E Max, min, mir Max, min, ma 98.3 85.7 83.3 92.9 Mala) 83.3 85.7 91.7 85.7 9 Max, max, m 83.3 78.6 10 Max, max, m 88.9 85.7 Here different population

Student Notes:

N

Head

Cleareance

# **Standard Ergonomic Analysis**



You will become familiar with the use of standard ergonomic analysis

- Introduction of each workbench
- RULA ergonomic analysis
- Lift /lower ergonomic analysis
- Push/pull ergonomic analysis
- Carry analysis
- 3D Biomechanics

STUDENT GUIDE

# Accessing the Human Activity Analysis Workbench This workbench allows investigation between the manikin and the working environment. All the analysis (RULA, lifting, lowering, pushing, pulling and carrying) are based on scientific ergonomics analysis. Those analysis help to identify critical task and evaluate the manikin's action. Accessing the workbench Ergonomics Design & Analysis Human Measurements Editor Knowledgeware uman Task Simulation ENOVIA V5 VPM luman Activity Analysis ogic Design luman Builder luman Posture Analysis velopment

#### **STUDENT GUIDE**

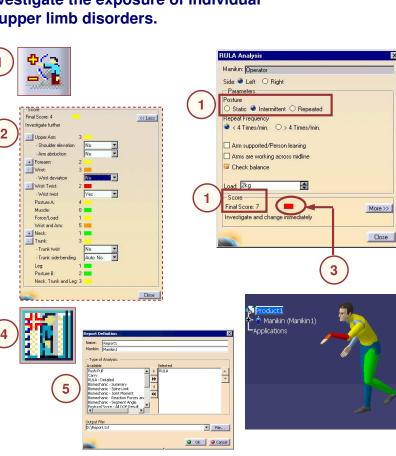
# **RULA Analysis**



The RULA (Rapid Upper Limb Assessment) system was developed at the University of Nottingham's Institute for Occupational Ergonomics (Reference: Lynn McAtamney and E. Nigel Corlett, RULA: A Survey Method for the Investigation of Work-related Upper Limb Disorders). It was developed to investigate the exposure of individual workers to risks associated with work-related upper limb disorders.

- 1. The RULA analysis is mainly use for static posture. The analysis record the current posture of the manikin and once the specifications have been input, RULA provides you with a Score
- 2. In some case, the record of the manikin's posture might be different than from a real worker. At this time, you can change manually some input in order to reflect with more accuracy the reality
- 3. The score (1-7 is associated with a specific color code (green to red ) and a comments.
- 4. Once the specifications have been input in the panel, Create a report and add RULA or RULA detailed in the report.
- 5. Click update when ever you want to compile a RULA analysis and out put in the Report.





STUDENT GUIDE

# Lift / Lower Analysis (1/2)



This concept consists in three different analysis: NIOSH 81, NIOSH 91 and Snook&Ciriello. Those analysis are standard matrix that analyze the current posture of the manikin and some specifications such as initial posture, final posture, duration, repetition, etc. Those analysis are mainly used for lifting and lowering tasks. Each of them are using different specifications and provide you with specific results.

(1)

Once you have identified two postures into the lift and lowering panel, you can conduct 3 different lifting and lowering analysis: NIOSH 81, NIOSH 91 and Snook& Ciriello.

Guideline	
NIOSH 1981	-
NIO5H 1981	And I
NIOSH 1991	
Snook & Ciriello 1991	1

NIOSH 81 is mainly for symmetric tasks and provides you with two recommended weights.

Based on different population SAMPLE, NIOSH 91 allows to simulate trunk rotation and provide one recommended weight. Snook&Ciriello allows you to introduce different grabbing condition and provide you with two recommended weights and a Lifting Index (current lifted weight/recommended weight).





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# Lift / Lower Analysis (2/2)



Place the manikin in the first posture, click initial in the panel and click Record/modify button, perform the same operation for the final postures. By toggling the buttons initial and final the postures can be automatically updated and double checked.

Specifications (depending of the guidelines choice)

1 lift every: Increase or decrease the value according to the lift frequency. Duration: Duration of the work (hours per day). Occasional if the value is one hour or les continuous if the value is 8 hours

Coupling condition: Quantify the quality of the hand-to-object. (Good, Fair or Poor) Good - a comfortable grip in which the hand can easily wrap around the object Fair - a grip in which the hand can be flexed about 90 degrees. Poor - when the object is hard to handle (irregular, bulky, sharp edges, etc.) Object weight: Enter the load weight. This value is used for the lifting index calculation. Population sample: Three population percentiles are provided: 90th, 75th, and 50th.

#### Score

Origin: This result is based on the initial posture of the manikin.

Destination : This result is based on the final posture of the manikin

Action Limit (AL): Represents the weight below which the task could be considered as reasonably safe.

Maximum Permissible Limit (MPL): Represents a limit above which the lifting task is considered as hazardous and requires engineering controls.

Maximum Acceptable Weight: The weight that can be handled with reasonable safety Recommended Weight Limit (RWL): Load weight that healthy workers can lift over a certain period of time without risk.

Lifting Index (LI): Relative estimation of the level of physical stress

3 A report of these analysis can be generated automatically. The access to update the report is specific to these analysis because initial and final posture need to be identified manually.

Guideline			
NIOSH 198 Specificat	1997.00		
1 lift every:		•	
Duration:	1 Hour or less	•	
Name: Cift-Lowe Output File P:\Lift.txt	91		<u>e</u>
Action Lir Maximum	nit (AL): Permissible Limi		37kg 36kg

STUDENT GUIDE

Student Notes:

# **Push / Pull Analysis**



Manikin: operator

Snook & Ciriello 1991

Distance of push: 3000mm

Distance of pull: 2500mm

Maximum acceptable initial force:

Maximum acceptable Sustained force:

Population sample: 50%

Specifications

1 push every:

Score

Push

Push

Pull

Pull

This analysis is a standard matrix that analyze the current posture of the manikin and some specifications such as duration, distance, etc. Those analysis are mainly used to evaluate the recommended effort that should be deployed when a worker is pushing or pulling on a kart in a specific posture.

1. Once the pushing posture has been identifies, activate the Push-Pull Analysis icon



2. Considering the current posture of the manikin, input the specifications (Distance of push, distance of pull, the frequency and the population sample)

> Smaller is the weight, bigger is the percentage of the population that can perform the task.

Snook & Ciriello provides you two scores: Initial force and Sustained force.



120s

•

\$

÷

÷

392.004N

374.864N

274.458N

270.865N

Close

3. Once the specifications have been input in the panel, Create a report and add PUSH/PULL detailed in the report.



 Click update when ever you want to compile a RULA analysis and out put in the Report.



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STUDENT GUIDE

# **Carry Analysis**



This analysis is a standard matrix that analyze the current posture of the manikin and some specifications such as duration, distance, etc. Those analysis are mainly used to evaluate the recommended effort that should be deployed when a worker is pushing or pulling on a kart in a specific posture.

- 1. Select the desired posture for carrying the object.
- 2. Activate the carry analysis.
- y 🎉

**M** 

Name: Report1

Manikin: Manikini - Type of Analysis

Carry RULA - Detailed

Dutput File

:Report.b

al Score - All DOF

▼ File...

OK Gancel

- 3. Input the specifications (Distance of push, distance of pull, the frequency and the population sample.
- 4. Once the specifications have been input in the panel, Create a report and add Carry in the report.
- 5. Click update when ever you want to compile a RULA analysis and out put in the Report.



arry Analysis			
Manikin: worker_2			
Guideline			11 M
Snook & Ciriello 1	391		
- Specifications -	In contract		
1 carry every:	120s		-
Distance of carry:	4000mm		-
Population sample:	90%	-	
-Score	1		
Maximum Acceptal	ble Weight:	159.584	N

Depending of the manikin's posture, the Maximum Acceptable Weight (in the score section) is different. STUDENT GUIDE

Student Notes:

STUDENT GUIDE

Student Notes:

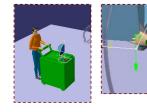
▼ File...

OK Gancel

# **3D Biomechanics Analysis**

Contrary to the standard analysis (NIOSH, Snook&Ciriello, etc.), the 3D Biomechanics analysis is the more flexible and accurate analysis for exertion. It allows you to calculate the compression spine, moment, shear and compare it with recognized standard. It can be used for an unlimited case study (push, pull lift, twis

Considering the current posture of the manikin. The stress on several joints can be evaluated efficiently. The load can be apply for different contexts.





- 1. In Human builder Workbench, create loads on the hands of the manikin. Only one load can be created at the same time.
- 2. Input the magnitude and the orientation of the loads.

Magnitude	Elevation	Deviation
Left 12.5kg 🚔 50	会 % Odeg 🌧 Up	Odeg 💽 Push
Right 12.5kg 🚔 둸	<b>4</b> %	
Total 25kg 🚑	🖉 Symmetric	
📮 Activate 🔲 Animate V	iewpoint	

st, et	c ).	
0	Vertical:         Bit Statistic Advance         17.20           Vertical:         Statistic Advance         Statistic Advance         Statistic Advance           Vertical:         Statistic Advance         Statistic Advance         Statistic Advance           Vertical:         Statistic Advance         Statistic Advance         Statistic Advance         Statistic Advance           Vertical:         Statistic Advance         Statistic Advance         Statistic Advance         Statistic Advance           Statistic Advance         Statistic Advanc	Several types of result output are available in each tab.
	Activate the biomecha analysis.	Loads Loads Charles Loads Loads Loads Coad (Hands 10kg; Left 5kg; Right 5kg) Loads Coad (Hands 10kg; Left 5kg; Right 5kg)
4.		and add Biomechanics which output).
5.	Click update when everyou want to compile a RULA analysis and ou in the Report.	Type of Analysis: Available Selected

Output File:

nReport.tx

# **Course Sum Up**

In this course you have seen :

- Forward and Inverse Kinematics
- Constraints
- Standard pose
- Attach object
- Catalogues and libraries
- Range of motion
- Preferred angle
- Anthropometrics variable
- Boundary manikins
- Simulation and track
- Reach function and reach envelop
- Vision
- Various ergonomics analysis

